


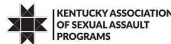
Sexual Violence Awareness Course

2021




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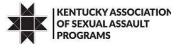
Course Description

The purpose of the one-hour Sexual Violence Awareness Train the Trainer Course is to establish trainers across the state to provide Sexual Violence Awareness Training for EMS responders in their service regions.



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Objectives

Upon completion, the participant will be able to:


- Discuss the prevalence of sexual violence in KY and present appropriate materials to EMS personnel, in compliance with KRS 311.A.120.(3)
- Provide information regarding KY's mandatory reporting statutes and reporting options
- Provide information and resources regarding accessing Kentucky's rape crisis centers and Sexual Assault Nurse Examiners (SANE) ready facilities
- Provide information on how to prepare sexual assault victims and about what to expect when they arrive at the hospital




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Hospital Video Project



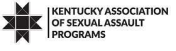
[What to expect at the hospital](#)



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The CDC reports:



- In the United States
 - 20 % have experienced attempted or completed rape
 - 43.6 % of women have experienced sexual violence
 - ~7 % of men have experienced sexual violence
- In Kentucky
 - **23 %** of women have experienced attempted or completed rape
 - **47 %** of women have experienced sexual violence
 - **18 %** of men have experienced sexual violence


*KY has higher percentages of sexual violence than the U.S. average



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Facts



- Sexual assault is the most underreported crime among adults and youth
- The perpetrator is usually someone the victim knows and trusts
- Most victims do not seek immediate help
 - Only 32% of rape or attempted rape victims are treated for injuries
 - Only 27% of victims injured during other forms of sexual violence are treated for injuries
- Some groups are more likely to experience sexual violence
 - Most victims are under 18 when 1st assaulted (54% females and 71% males)
 - Folks with developmental and physical disabilities, history of mental health conditions, substance use, the elderly, LGBTQ, and BIPOC are at a higher risk for abuse and assault.

SOURCES: NSVRC, Bureau of Justice Statistics



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When the victim seeks help



- What is next?
- Where? – Hospital Emergency Room or Sexual Assault Examination Facility
 - Statute: KRS 216B.400
 - ✓ Every hospital of this state which offers emergency services shall provide a physician, a sexual assault nurse examiner, or another qualified medical professional on call twenty-four hours each day for the examinations of persons seeking treatment as victims of sexual offenses.
 - ✓ Sexual Assault Examination facility (KRS 216B.015) – emergency medical facility, primary care center, or a child advocacy center.



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502 KAR 12:010. Sexual Assault Forensic-Medical Examination Protocol



- Pre-forensic-medical examination procedure
- The forensic-medical examination
- Post forensic exam procedures
- Storage and transfer of samples
- Removal of samples from secure storage
- Destruction of samples



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The Kentucky Association of Sexual Assault Programs (KASAP) Inc.



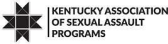
- The coalition of [Kentucky's 13 Regional Rape Crisis Centers](#)
- All centers provide a 24/7 hotline
- Advocates are available 24/7 to respond to hospitals (provide support, information, crisis counseling, clothing items if available and needed)
- Patients who receive emotional support following an assault are more likely to receive follow-up care
- Other community agencies might also provide helpful services. Reach out to your local RCC or [KASAP](#) to ask!



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There is no law in Kentucky that requires all rape/sexual assaults be reported to law enforcement or the Cabinet



- Some individuals do not feel comfortable involving law enforcement and that is okay. A person does not have to make a report to law enforcement to receive care following sexual assault.
- Kentucky's mandatory reporting laws are narrow and specific:
 - Child Abuse, Neglect, and Dependency
 - Abuse of Vulnerable Adults (Ex. Disabled populations, human trafficking victims)

Statewide Abuse Reporting Hotline: 1-877-KYSAFE1 (597-2331)



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Who is qualified?



- Physicians
- Sexual assault nurse examiner (**SANE**)
 - Having a SANE available is recommended
- Other qualified medical professional



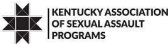
- SANE ready facilities – where SANEs are available 24/7 to complete SAFE exams.




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Trauma Informed Care





- An organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma.
- **Trauma Informed Care** also emphasizes physical, psychological and emotional safety for both consumers and providers, and helps survivors rebuild a sense of control and empowerment



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What is a SAFE kit?


A medical exam that does the following:

- Addresses the immediate health care needs of the patient while gathering medical forensic history
- Collects evidence from the patient's body and coordinates treatment of injuries
- Documents biological and physical findings
- Allows for treatment and referrals for STIs, pregnancy, additional healing treatment, and other follow-up as necessary


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The Kentucky State Police sexual assault evidence collection kit




- Any gender
- Any age
- Ninety-six (96) hour time limit for collection







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Evidence Considerations



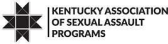
-  The patient's medical needs are the priority, but you can help minimize contamination of physical evidence!
-  Clothing that was worn during the assault may be needed, if the patient has showered or changed, encourage them to bring the clothing with them.
-  There may be evidence in the mouth of the patient, encourage them not to eat, drink or smoke prior to speaking with a forensic examiner. (**Avoid taking an oral temperature)
-  Reassure the patient that they are safe, they will be cared for and that they have options, they can control who they speak to and they have a say in their care.

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Providing supportive care

- It's ok to say that you are sorry that this happened
- Answer questions with facts only and to the best of your ability
- Respect the patient's privacy and right not to talk
- Avoid asking "Why" questions (Ex.: "Why did you wait so long to call?")
- Do not make promises or place responsibility on the patient (Ex.: "A forensic exam will help the police put them in jail so they can't do this to anyone else.")
- Do not makes assumptions based on outward responses – everyone processes trauma differently.

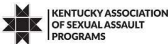


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Education about sexual assault is important

"Because surviving the system should not be harder than surviving the assault."

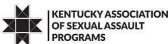


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Questions

Contact: Serenda LoBue, MSCr
 Collaboration Specialist
 Kentucky Association of Sexual Assault Programs, Inc.
 Email: collaboration@kasap.org
 Phone: 502-226-2704
www.kasap.org for more information, resources, toolkits and more



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